



PUBLIC SERVICE ANNOUNCEMENT

For Immediate Release
May 4, 2016

For More Information:
Marquette Senior Center / 228-0456

SENIOR CENTER'S 'SENIOR SAMPLER' CONTINUES THIS SUMMER

In May of 2015, the Marquette Senior Center received a \$26,000 grant from the Michigan Recreation and Parks Association to assist seniors 55 and over in the Marquette Senior Center service area to “sample” and explore the outdoor offerings and venues the city has to offer. This unique program has been aptly named the Silver Sampler.

Through the winter, Silver Sampler participants enjoyed Cross Country Skiing, Downhill Skiing, Snow Biking, Skating, Snowshoeing and Dog Sledding. Now we are ready for summer!

An informational session for the Silver Sampler – Summer will be held at the Marquette Senior Center, located at 300 W. Spring Street, on Tuesday, May 10 at 1 p.m. Interested participants are encouraged to attend. Sign-up for summer activities will begin that day.

Silver Sampler offerings for summer are: Tour Biking, Mountain Biking, Orienteering, Yoga, Rowing, Hiking, Kayaking, Stand Up Paddle Boarding and Disc Golf. Participants can enjoy these events free of charge. All costs are covered by the grant.

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